

Monday - Friday
Lunch/Light Bites: (12pm to 4pm)

<u>Soup of the Day</u> (GF without Bread) (V) Served with Fresh Brown Soda Bread 1.9.	€6.00
<u>Seafood Chowder</u> (GF without Bread) (V) Served with Fresh Brown Soda Bread 1.2.4.6.9.	€8.00
<u>Crispy Chicken Wings</u> Blue Cheese Mayo, Hot Louisiana Sauce, Served with French Fries. 1.3.7.12.	€8.00
<u>Tandoori Chicken Salad</u> Rocket, Cherry Tomato, Red Onion, Cucumber, Fresh Mint, Sesame Bread Croutons, Sumac & Pomegranate Vinaigrette, Mint Yoghurt Dressing. 1.7.11.12.	€10.00
<u>Warm Duck Salad</u> Shredded Duck Leg, Nan Jim dressing, Fine Rice Noodles, Ginger, Coriander, Pak Choi, Hoi Sin Dressing. 1.6.11.12.	€10.00
<u>Caesar Salad.</u> (Add Chicken €1.00) Crisp Streaky Bacon, Baby Gem Leaves, Sesame Bread, Croutons, Caesar Dressing, Parmesan Shavings. 1.3.7.11	€10.00
<u>Pesto Pasta</u> (V) With sun dried Tomatoes and Roasted Asparagus. 1.3.8	€9.50
<u>Tandoori Chicken Escalope:</u> Natural Yoghurt & Tandoori Spiced Chicken, Garlic & Coriander Naan Bread, Avocado Salsa, Fresh Rocket, Lemon Aioli, French Fries. 1.3.7.	€12.00
<u>The Big Sloppy Joe</u> Our Famous Sandwich with a Mixture of Beef Strips, Onions, Mushrooms in Creamy Pepper Sauce, Served in Ciabatta Bread, with Mixed Baby Leaves Tomato, Mozzarella Cheese, French Fries. 1.3.7.8.12.	€11.50

Pulled Pork: €10.00
Toasted Sesame Seed Flatbread, Apricot & Hazelnut Stuffing, Apple Compote
Fresh Rocket, French Fries. **1.3.7.12.**

Flanagan's BLT €10.00
Sun Dried Tomato & Olive Focaccia, Crisp Streaky Bacon, Mixed Baby Leaves,
Sun Blushed Tomatoes, Spiced Mayo, French Fries. **1.3.7.12.**

Spicy Roasted Shrimp Sandwich €9.50
Quattro Bread, Mixed Baby Leaves, Tomato, Fresh Rocket with Chipotle Mayonnaise
& French Fries. **1.3.4.7.11.12**

ALLERGIANS 1. Cereals containing Gluten 2. Crustaceans 3. Eggs
4. Fish (Except Fish Gelatine) 5. Peanuts
6. Soybeans (Except Fully Refined Soybean Oil)
7. Milk (Except Whey & Lactitol) 8. Nuts 9. Celery 10. Mustard 11. Sesame seeds
12. Sulphur dioxide and Sulphites 13. Lupin 14. Molluscs